

Kensington®

Comfort
Made Easy



SmartFit™



Kensington®

Comfort
Made Easy

NECK

BACK

WRIST

FEET

Kensington wants to help you be comfortable at work to continue doing the things you love outside of work. That means we need to be comfortable - and we need movement. Research shows that people are healthier and happier when they're more active. Kensington ergonomic products such as monitor arms, sit/stand desks and footrests adapt to changing comfort levels throughout the day. Whether thinking on your feet or comfortably seated, we've got the perfect wellness solution fit for you.



SmartFit™



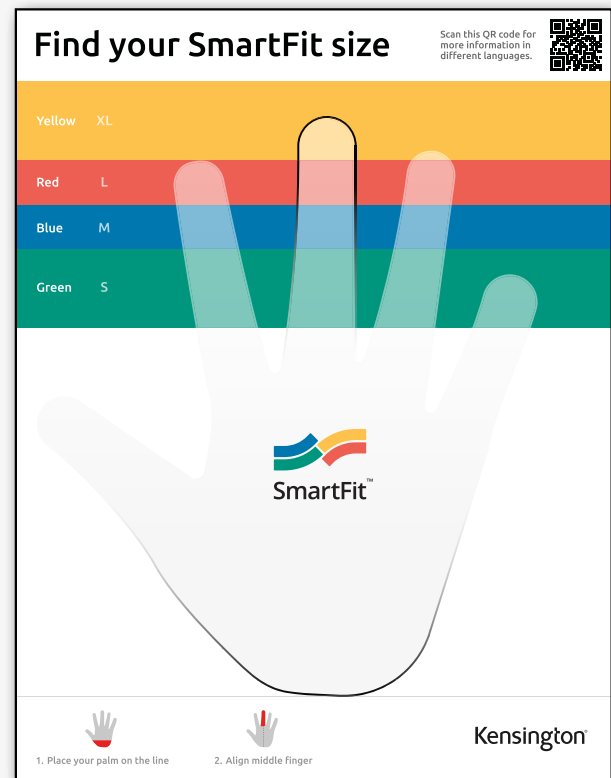
SmartFit™

Comfort Made Easy

With SmartFit™, anyone can set up a personalised, ergonomic fit without the need for a workplace specialist.

Kensington SmartFit™ products feature a colour-coded adjustment that allows the user to determine the optimal ergonomic height setting, simply using their hand size.

Whereas other solutions require an expert to tailor the product to each user, the hand chart included with each SmartFit™ product allows users to set their own ideal adjustment, without any additional tools.



DATA-DRIVEN RESEARCH FOR PERSONALISED COMFORT

SmartFit™ is based on US Army study data that compiled anthropometric data of thousands of soldiers and all of their body measurements.

The study concluded that a person's stature is linked directly to their hand size. SmartFit™ uses this by applying four basic colour groups to each product, providing a fact-based ergonomic sizing guide.



SMARTFIT™ SOLEMATE™ PLUS ERGONOMIC FOOT REST



SmartFit™ ergonomic height adjustment



1. MEASURE

Just place your hand on the baseline of the hand chart. The tip of your middle finger indicates your SmartFit™ colour.



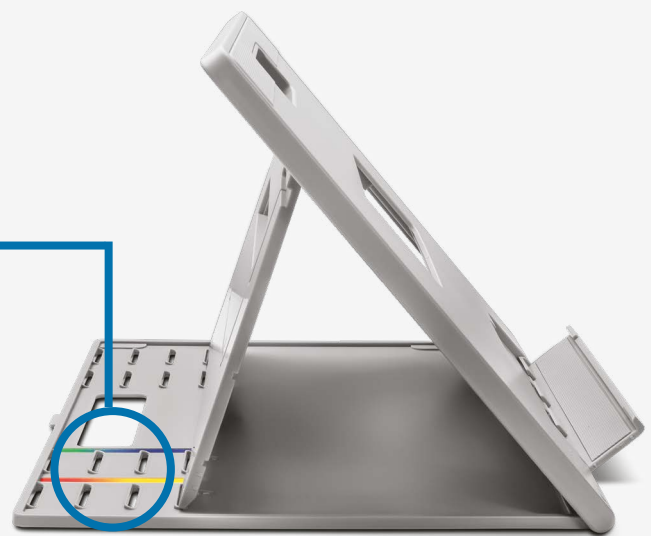
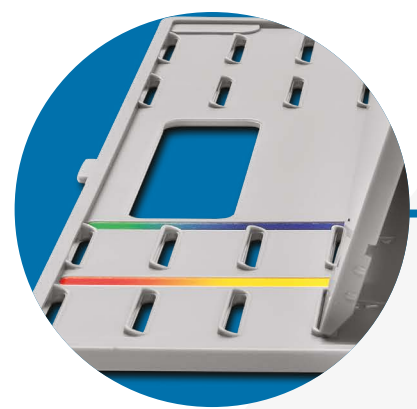
2. ADJUST

Then adjust your product to the correct SmartFit™ colour setting without the use of any tools.



3. FIT

You're all set to work more comfortably with your SmartFit™ products adjusted perfectly for you in seconds.



SMARTFIT™ EASY RISER™ GO LAPTOP COOLING STAND

Choose the ideal colour-coded SmartFit™ height adjustment

Kensington®

Wellbeing Checklist

A small series of changes can make a huge difference to wellbeing at work. Here is a set of suggestions you can share with colleagues or employees to help them setup their workstations more ergonomically (particularly if they are working from home), minimising the risk of ongoing discomfort and health issues.

1

Move your chair in close to your desk. Your stomach should be able to touch the desk.

2

Sit with your feet flat on the floor and with your thighs parallel to the floor.

3

Support your legs with a footrest if your legs are reaching for the floor.

4

Use a seat cushion to elevate yourself to the correct position if the desk is too high and you can't adjust your chair.

5

Sit so that you're leaning back against the chair's back support. If you don't have an ergonomic office chair, make sure your lumbar is supported with a backrest.

6

Make sure you're directly facing your screen and keyboard. This means you won't have to turn your neck to look at the screen.

7

Your arm should be making an 'L' shape from shoulder to wrist when typing. Adjust the height of your chair so your desk or table is level with your elbows.

8

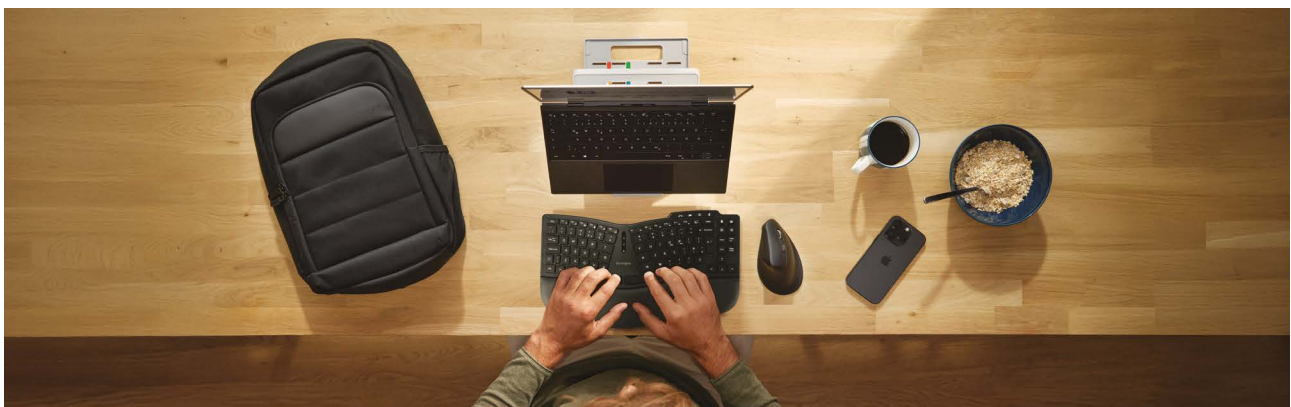
Take microbreaks by dropping your arms to your sides and stretching every 20 or 30 minutes. Stand, move and stretch for 5 minutes once every hour.

9

Look into the far distance every 20 minutes to vary focal length and avoid eyestrain. Anti-glare and blue light filters also help reduce the amount of harmful light emitted from screens.

10

Position your monitor so it is at eye level and arm's length. If you're just using just a laptop, it should be raised with a laptop riser and be connected to a separate keyboard & mouse



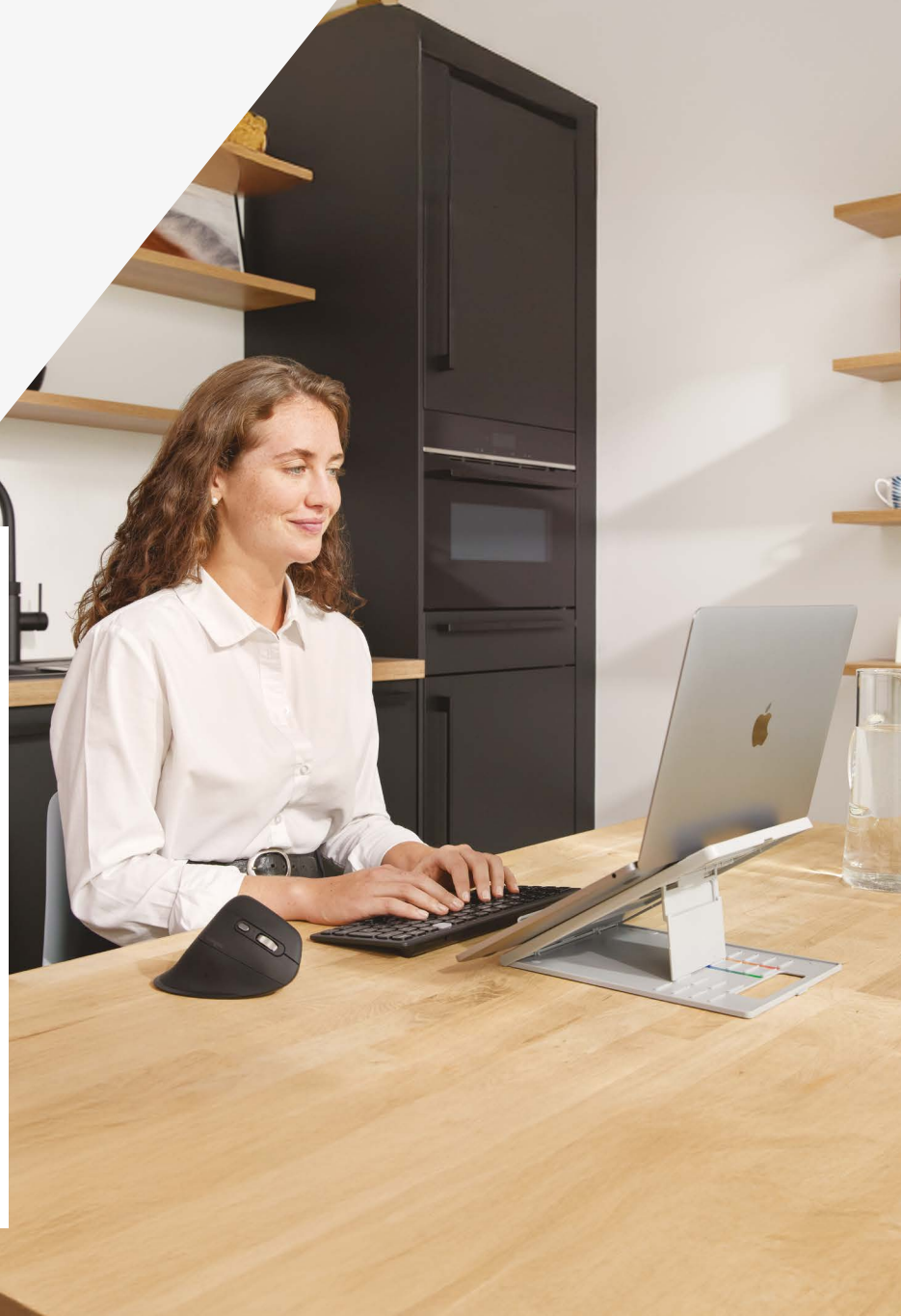
Kensington®

Laptop Risers

Combine the ergonomic benefits of raising your screen height with the technological benefits of increased air circulation.

Position your laptop at the optimal height to improve posture, promote proper eye alignment and support neck and shoulder comfort. SmartFit™ makes height adjustment easy.

Increased air circulation around the laptop improves performance and battery life. Many Kensington laptop risers are highly portable, ideal for the hybrid worker moving between locations.



SMARTFIT™ EASY RISER™ EQ LAPTOP COOLING STAND

K52805WW
Part Number: 0422 1087



SMARTFIT™ EASY RISER™ GO LAPTOP COOLING STAND

Grey 17" **K50420WW**
Part Number: 0410 6524
Grey 14" **K50421WW**
Part Number: 0422 2073
Black 17" **K50422WW**
Part Number: 0264 4677
Black 14" **K50423WW**
Part Number: 0264 4694



EQ ADJUSTABLE ALUMINIUM LAPTOP STAND

K50428WW
Part Number: 0464 3588



ELEVATED STAND FOR SURFACE™

K58277WW
Part Number: 0422 1070



UNIVERSAL TABLETOP LAPTOP RISER

K50424WW
Part Number: 0422 2209



SMARTFIT™ LAPTOP RISER

52783
Part Number: 0410 6031

Kensington®

Monitor Arms

Effortless adjustment of a monitor's height, depth and angle are unlocked by a monitor arm, enabling users to find personal comfort and optimise their productivity.



Anybody who works at a computer for many hours a day stands to benefit from using a monitor arm. Teams with a hotdesking protocol (with no assigned seats) enjoy the convenience of being able to set up an ergonomic workstation in seconds, no matter where in the office they work.



SMARTFIT™ ONE-TOUCH MONITOR ARMS

Single Grey **K55470WW** Single Black **K59600W**
Part Number: 0422 2243 Part Number: 0264 4643

Dual Grey **K55471WW** Dual Black **K59601WW**
Part Number: 0422 2226 Part Number: 0264 4660



SMARTFIT™ SPACE-SAVING MONITOR ARMS

Single **K55512WW** Dual **K55513WW**
Part Number: 0264 4609 Part Number: 0264 4626



SMARTFIT™ ERGO MONITOR ARMS

Single **K55408WW** Dual **K55409WW**
Part Number: 0264 4575 Part Number: 0264 4592



SMARTFIT™ HEAVY DUTY GAS-SPRING ARM - SINGLE

K58273WW
Part Number: 0464 3605



Kensington®

Monitor Stands

Combine the ergonomic benefits of raising your screen height with storage space for your desktop accessories.

Position your monitor at the optimal height to improve posture, promote proper eye alignment and support neck and shoulder comfort. SmartFit™ makes height adjustment easy.

Many Kensington Monitor Stands create room to store your keyboard, mouse and paperwork for an organised work environment.



SMARTFIT™ MONITOR STAND WITH DRAWER

K55725
Part Number: 0467 1145



SMARTFIT™ HEIGHT ADJUSTABLE MONITOR STAND PLUS

52786
Part Number: 0005 2908



SMARTFIT™ HEIGHT ADJUSTABLE MONITOR STAND

52785
Part Number: 0005 2891



SLIM EXTRA WIDE MONITOR STAND

Black 55726
Part Number: 0392 1853
White K54900AU
Part Number: 0410 6541

Kensington®

Foot Rests

Good posture is essential to lasting health and comfort, which is why Kensington offers a full line of ergonomic foot rest solutions to help you stay comfortable and free from back strain.

A foot rest is a simple solution that aligns your back and lower body posture. Footrests are not only for your feet to rest on, but they also help you sit back in your chair and take tension out of your lower back and upper legs.



**SMARTFIT™
SOLEMATE™ PLUS
FOOT REST**

K52789WW
Part Number: 0411 9516



**SOLEMASSAGE
EXERCISING
FOOT REST**

56155
Part Number: 0422 0917



**SOLEREST
FOOT REST**

56148
Part Number: 0410 6473



**ROCKING
FOOT REST**

56150
Part Number: 0411 9482



**SPACE SAVING
FOOT REST**

K58302WW
Part Number: 0422 0934

Kensington®

Seat and Desk Comfort

The strongest muscles we have are in our lower body. They help us stand, walk and run.

It's very important to keep your lower body in the correct positions. Using a back rest will provide support and comfort whilst keeping your muscles moving. A seat cushion will stimulate blood circulation and improve lower body posture. If you cover these areas, you'll be comfortable all day long.



**SMARTFIT™
CONFORM BACK REST**

K60412WW
Part Number: 0410 6065



**PREMIUM
COOL-GEL SEAT REST**

55809
Part Number: 0422 8346



**ANTI-FATIGUE
MAT**

55401
Part Number: 0005 2857

Kensington®

Wrist Rests

Too often, we type in positions that are unnatural or less than ideal ergonomically, since our keyboards tend to be raised, causing our hands to bend backward.

Kensington mouse pads and wrist rests are designed to help keep your keyboard and mouse lower than your forearm, so hands and arms are in-line for ultimate comfort and long-term wrist health.



ErgoSoft™

Feel the difference with ErgoSoft™ Wrist Rests

A variety of designs to accommodate the different heights of mechanical, gaming, slim or standard sized keyboards and mice. All ErgoSoft™ wrist rests feature an ultra-soft premium exterior and military-grade MIL-STD-810H wipe down protection.



Wrist Rests and Mouse Pads



SMARTFIT™ MOUSE PAD WITH WRIST SUPPORT

55793
Part Number: 0410 6711



ERGOSOFT™ WRIST REST MOUSE PAD

55888
Part Number: 0264 4779



DUO GEL MOUSE PADS

Blue 62401
Part Number: 0392 2057
Red 62402
Part Number: 0410 6082



ERGOSOFT™ WRIST REST FOR STANDARD MOUSE

52802
Part Number: 0264 4745



DUO GEL MOUSE WRIST RESTS

Green K62829WW
Part Number: 0467 1213
Pink K62828WW
Part Number: 0467 1196

Wrist Rests for Keyboards



ERGOSOFT™ WRIST REST FOR STANDARD KEYBOARDS

52799
Part Number: 0264 4711



DUO GEL KEYBOARD WRIST RESTS

Blue 62397
Part Number: 0003 7370
Red 62398
Part Number: 0464 3554



DUO GEL KEYBOARD WRIST RESTS

Green K62680WW
Part Number: 0467 1179
Pink K62679WW
Part Number: 0467 1162



Kensington®

Ergonomic Input Devices

Designed with wellness, comfort and productivity in mind, Kensington has a large range of trackballs, mice and keyboards made for optimal ergonomic set-ups in the office or on the go.

Trackballs require less elbow and wrist movements helping to alleviate pain. Our ergonomist-approved mice and keyboards place the wrists in a neutral alignment, avoiding soft-tissue compression and improving comfort.



Trackballs



**SLIMBLADE™ PRO
WIRELESS TRACKBALL**

K72081WW
Part Number: 0422 1121



**EXPERT MOUSE®
WIRED TRACKBALL**

64325
Part Number: 0408 6668



**PRO FIT™ ERGO TB550 EQ
WIRELESS TRACKBALL**

K72196WW
Part Number: 0464 3673

Ergonomic Keyboards



**PRO FIT™ ERGO
WIRELESS KEYBOARD**

Black **K75401US**
Part Number: 0410 6422



**PRO FIT™ ERGO KB675 EQ TKL
RECHARGEABLE KEYBOARD**

K75491US
Part Number: 0422 1053



**PRO FIT™ ERGO KB680 EQ
RECHARGEABLE KEYBOARD**

K72485NA
Part Number: 0467 1264

Ergonomic Mice



**PRO FIT™ ERGO MY630 EQ
RECHARGEABLE MOUSE**

K72482WW
Part Number: 0422 1104



**PRO FIT™ ERGO VERTICAL
WIRELESS MOUSE**

Black **K75501WW**
Part Number: 0264 4456
Grey **K75520WW**
Part Number: 0422 2175



**PRO FIT™ ERGO RIGHT-HANDED
WIRELESS MOUSE**

K75404WW
Part Number: 0467 1281



**PRO FIT™ ERGO LEFT-HANDED
WIRELESS MOUSE**

K79810WW
Part Number: 0410 6575

OFFICE



SMARTFIT™ ONE-TOUCH DUAL MONITOR ARMS

Grey **K55471WW**
Part Number: 0422 2226
Black **K59601WW**
Part Number: 0264 4660



PRO FIT™ ERGO KB675 EQ TKL RECHARGEABLE KEYBOARD

K75491US
Part Number: 0422 1053



SMARTFIT™ SOLEMATE™ PLUS FOOT REST

52789
Part Number: 0411 9516

HOME



UNIVERSAL TABLETOP LAPTOP RISER

K50424WW
Part Number: 0422 2209



SMARTFIT™ CONFORM BACK REST

60412
Part Number: 0410 6065



PREMIUM COOL-GEL SEAT REST

55809
Part Number: 0422 8346

MOBILE



SMARTFIT™ EASY RISER™ EQ LAPTOP COOLING STAND

K52805WW
Part Number: 0422 1087



KB435 EQ RECHARGEABLE MULTI-DEVICE COMPACT KEYBOARD

K75409NA
Part Number: 0464 3622



LAPTOP RISERS



MONITOR ARMS



MONITOR STANDS



WRIST RESTS AND MOUSE PADS



FOOT RESTS



BACK RESTS & SEAT CUSHIONS



ERGO INPUT



BAGS



PRIVACY SCREEN FILTERS

Kensington®